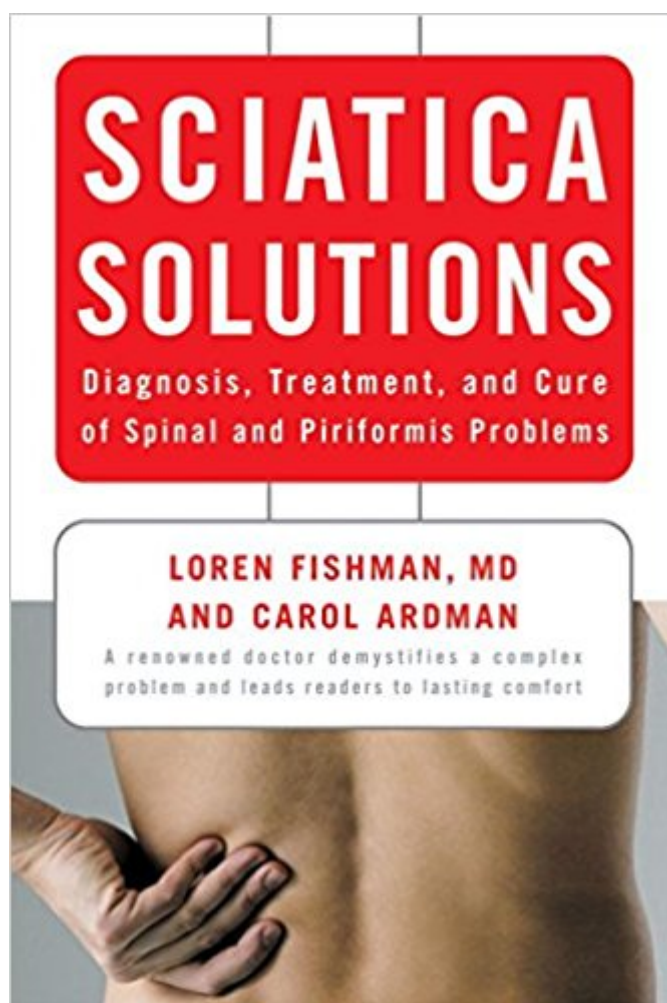


The book was found

# Sciatica Solutions: Diagnosis, Treatment, And Cure Of Spinal And Piriformis Problems



## Synopsis

A world-renowned clinician's practical and complete guide to understanding and alleviating neurological pain in the lower back, buttocks, and legs. Sciatica is the feeling of pain, numbness, "electric shocks," or strange sensations in the seat and running down the leg. It will afflict some five million Americans this year. In easy-to-understand terms, Loren Fishman demystifies the relationship between neurological injury and sciatica, explains the most common causes, leads readers to an exact diagnosis, and outlines the options available for lasting comfort and cure.

## Book Information

Paperback: 208 pages

Publisher: W. W. Norton & Company; 1 Reprint edition (November 17, 2007)

Language: English

ISBN-10: 0393330419

ISBN-13: 978-0393330410

Product Dimensions: 5.5 x 0.6 x 8.2 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 21 customer reviews

Best Sellers Rank: #630,371 in Books (See Top 100 in Books) #121 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Pain Medicine](#) #238 in [Books > Medical Books > Pharmacology > Pain Medicine](#) #248 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Musculoskeletal Diseases](#)

## Customer Reviews

Carol Ardman is a writer. She lives in New York City. Loren Fishman, MD, is a physiatrist and a professor at Columbia College of Physicians and Surgeons. He lives in New York City.

Good information--thoughtful explanations of symptoms, cause, and remedy for sciatica--I just happen to be a photo/diagram nut and I would have liked to see lot more good photos or illustrations of specific exercises that can help. Well written and to the point.

This book was printed for me because it deals with the painful malady that I experience on a daily basis. It provides the stretching routines, exercises, that I need to do in order to be relatively painfree. It also is a recent written book on the subject with the authors being specialists in that part of the body.

Hubby suffers from sciatica pain; but physical therapy and "his" book makes life bearable! I must have borrowed this book for the NY Public Library for 3 months until I decided to order a copy. Had doubts about a "used" copy but the condition was great and Hubby is always referring to the book for guidance and direction.

Fantastic !

Very informative and helpful recommendations.

was informative

If you're thinking about back surgery, Dr. Fishman is a must read. His authoritative experience - especially in a daily yoga practice - has helped many patients get well without undergoing unnecessary surgery.

My father has scoliosis and sciatica. He found this book helpful in understanding his options. Good price. nice condition.

[Download to continue reading...](#)

Sciatica Solutions: Diagnosis, Treatment, and Cure of Spinal and Piriformis Problems  
Sciatica Exercises & Home Treatment: Simple, Effective Care For Sciatica and Piriformis Syndrome  
The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus)  
Hepatitis C Symptoms, Treatment and Cure: Survivor's true story of 12 week treatment and cure (Hepatitis C Symptoms Treatment and Cure Series)  
The Herpes Cure: Permanent Solutions To Treating Herpes (Cold Sore, Genital Herpes Cure, Genital Herpes Book, herpes cure, cure herpes)  
Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Eliminate Herpes, How To Cure Herpes, Herpes Treatment)  
Herpes: HERPES TREATMENT. HERPES CURE.: How to Finally Overcome Herpes and Cure Herpes Forever (Herpes Cure, Herpes Treatment)  
Knee Pain: Treatment for beginners - 2nd EDITION UPDATED & EXPANDED - Knee Pain Relief, Cure and Exercises to overcome your knee problems (Knee Problems - Knee Pain Cure - Knee Hurt Book 1)  
Understanding Voice Problems: A Physiological Perspective for Diagnosis and Treatment

(Understanding Voice Problems: Phys Persp/ Diag & Treatment) Beginner's Guide to Sciatica Pain Relief: A Concise Guide to Pain Relief & Spinal Cord Anatomy Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) Eczema Cure: The Most Effective Solution To Cure Eczema Fast: A Guide To Eczema Treatment, Eczema Cure And Eczema Remedies For Perfect Clear Skin (Eczema, ... Psoriasis, Rosacea, Seborrheic Dermatitis) Tinnitus: Tinnitus Treatment Solutions - How To Cure Tinnitus And Get Instant Relief! (Tinnitus Miracle, Tinnitus Cure, Hearing Loss) CURRENT Diagnosis and Treatment Emergency Medicine, Eighth Edition (Current Diagnosis and Treatment of Emergency Medicine) Current Diagnosis and Treatment: Geriatrics 2E (Current Geriatric Diagnosis and Treatment) Skin Disease: Diagnosis and Treatment, 3e (Skin Disease: Diagnosis and Treatment (Habif)) Current Diagnosis and Treatment Physical Medicine and Rehabilitation (Current Diagnosis & Treatment) CURRENT Diagnosis and Treatment Pediatrics, Twenty-Third Edition (Current Pediatric Diagnosis & Treatment) Epilepsy: Cure - What You Need to Know about Epilepsy: Therapy, Diagnosis, Treatment, Diet, Signs, Symptoms and Medication (Epilepsy Books - Epilepsy Therapy ... Treatment - Epilepsy in children Book 1) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)